

The 2025 Liberty Cup

Rotation Schedule

Dec 5-7, 2025

Friday, December 5, 2025

Session: B01 -- Xcel Platinum- #1

Open Warmup 8:30 AM
Timed Warmup 8:50 AM

March In 9:00 AM
Awards 12:00 PM

Gymnasts: 79

Flight: A - 39			
 <u>9</u>	 <u>11</u>	 <u>11</u>	 <u>8</u>
Gym time [XP] - 8 TWD [XP] - 1	GMGA [XP] - 5 Parkettes [XP] - 6	Spirit [XP] - 6 Stick It Gymnastics [XP] - 5	Synergy Gymnastics [XP] - 5 Thunder Cats [XP] - 3
Flight: B - 40			
 <u>9</u>	 <u>11</u>	 <u>11</u>	 <u>9</u>
KMC Gymnastics [XP] - 9	Kendrick Kippettes [XP] - 10 Mid-Coast Gym [XP] - 1	Ltd Academy01 [XP] - 6 UMDGC [XP] - 5	INF [XP] - 2 Showtime [XP] - 7

Friday, December 5, 2025

Session: B02 -- Xcel Platinum- #2

Open Warmup 12:30 PM
Timed Warmup 12:50 PM

March In 1:00 PM
Awards 4:00 PM

Gymnasts: 78

Flight: A - 39			
 <u>9</u>	 <u>10</u>	 <u>10</u>	 <u>10</u>
CEG [XP] - 9	Aerials [XP] - 7 First State [XP] - 3	PHX Gymnastics [XP] - 3 MDNT [XP] - 3 Phoenix Academy [XP] - 4	Aerials [XP] - 8 Majesty Elite [XP] - 2
Flight: B - 39			
 <u>9</u>	 <u>10</u>	 <u>11</u>	 <u>9</u>
Dynamats01 [XP] - 6 Energy [XP] - 3	Olympiad [XP] - 6 Millers Gymstars [XP] - 4	VGT [XP] - 5 Haverford Area YMC01 [XP] - 3 AAG [XP] - 3	Metzlers [XP] - 9

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Friday, December 5, 2025

Session: B03 -- Level 10

Open Warmup 4:30 PM
Timed Warmup 4:50 PM

March In 5:00 PM
Awards 8:00 PM

Gymnasts: 46

Flight: A - 27			
 8	 6	 8	 5
Prestige [L10] - 8	First State [L10] - 6	Prestige [L10] - 8	AAG [L10] - 3 GymOlympic [L10] - 1 Silver Stars [L10] - 1
Flight: B - 19			
 6	 6	 7	 0
Apollo [L10] - 3 Aerials [L10] - 1 Podium [L10] - 2	CEG [L10] - 6	Metzlers [L10] - 7	

Saturday, December 6, 2025

Session: B04 -- Level 8

Open Warmup 9:00 AM
Timed Warmup 9:20 AM

March In 9:30 AM
Awards 12:30 PM

Gymnasts: 53

Flight: A - 27			
 6	 6	 9	 6
Dynamats01 [L8] - 4 Podium [L8] - 1 Mid-Coast Gym [L8] - 1	Energy [L8] - 1 Power & Grace Gym [L8] - 3 Team Lightning01 [L8] - 2	Apollo [L8] - 9	Kendrick Kippettes [L8] - 3 Spirit [L8] - 2 Olympiad [L8] - 1
Flight: B - 26			
 6	 7	 7	 6
Ltd Academy01 [L8] - 3 Bluewater Gymnastics [L8] - 2 Prestige [L8] - 1	First State [L8] - 5 Haverford Area YMC01 [L8] - 1 TWD [L8] - 1	CEG [L8] - 7	First State [L8] - 5 MDNT [L8] - 1

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Saturday, December 6, 2025

Session: B05 -- Level 6/7- #1

Open Warmup 1:00 PM

March In 1:30 PM

Timed Warmup 1:20 PM

Awards 4:30 PM

Gymnasts: 62

Flight: A - 32



7

First State [L6] - 7



8

Synergy Gymnastics [L6] - 8



10

Dynamats01 [L6] - 6

Dynamats01 [L7] - 4



7

AAG [L6] - 4

AAG [L7] - 1

Olympiad [L6] - 1

Millers Gymstars [L7] - 1

Flight: B - 30



7

Ltd Academy01 [L7] - 2

Power & Grace Gym [L6] - 1

Haverford Area YMC01 [L7] - 4



8

EnVision [L6] - 7

EnVision [L7] - 1



8

CEG [L6] - 8



7

UMDGC [L6] - 5

Gym time [L6] - 1

Gym time [L7] - 1

Saturday, December 6, 2025

Session: B06 -- Level 6/7- #2

Open Warmup 5:00 PM

March In 5:30 AM

Timed Warmup 5:20 PM

Awards 8:30 PM

Gymnasts: 74

Flight: A - 37



9

PHX Gymnastics [L6] - 7

Stick It Gymnastics [L6] - 2



10

Team Lightning01 [L6] - 8

Team Lightning01 [L7] - 2



9

Apollo [L7] - 6

Energy [L6] - 3



9

Main Line [L6] - 5

Main Line [L7] - 3

Thunder Cats [L6] - 1

Flight: B - 37



9

First State [L7] - 6

TWD [L6] - 3



10

Spirit [L7] - 10



10

First State [L7] - 6

INF [L6] - 4



8

Kendrick Kippettes [L6] - 4

Kendrick Kippettes [L7] - 4

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Rotation Schedule

Dec 5-7, 2025

Sunday, December 7, 2025

Session: B07 -- Level 2

Open Warmup 8:30 AM
Timed Warmup 8:50 AM

March In 9:00 AM
Awards 11:15 AM

Gymnasts: 66

Flight: A - 33			
 <u>8</u>	 <u>8</u>	 <u>10</u>	 <u>7</u>
Main Line [L2] - 8	First State [L2] - 8	Olympiad [L2] - 5 Synergy Gymnastics [L2] - 5	First State [L2] - 7
Flight: B - 33			
 <u>6</u>	 <u>9</u>	 <u>11</u>	 <u>7</u>
EnVision [L2] - 6	GymOlympic [L2] - 9	Stick It Gymnastics [L2] - 6 TWD [L2] - 5	UMDGC [L2] - 7

Sunday, December 7, 2025

Session: B08 -- Xcel Silver- # 1

Open Warmup 11:30 AM
Timed Warmup 11:50 AM

March In 12:00 PM
Awards 2:00 PM

Gymnasts: 68

Flight: A - 33			
 <u>9</u>	 <u>8</u>	 <u>9</u>	 <u>7</u>
First State [XS] - 9	Spirit [XS] - 7 Parkettes [XS] - 1	First State [XS] - 9	Spirit [XS] - 7
Flight: B - 35			
 <u>10</u>	 <u>8</u>	 <u>10</u>	 <u>7</u>
AAG [XS] - 4 Phoenix Academy [XS] - 6	TWD [XS] - 3	KMC Gymnastics [XS] - 10	Energy [XS] - 7

Sunday, December 7, 2025

Session: B09 -- Xcel Silver- # 2

Open Warmup 2:30 PM
Timed Warmup 2:50 PM

March In 3:00 PM
Awards 5:00 PM

Gymnasts: 73

Flight: A - 36			
 <u>8</u>	 <u>10</u>	 <u>11</u>	 <u>7</u>
Stick It Gymnastics [XS] - 5 Millers Gymstars [XS] - 3	Power & Grace Gym [XS] - 7 Aerials [XS] - 3	Mid-Coast Gym [XS] - 11	Gym time [XS] - 7
Flight: B - 37			
 <u>9</u>	 <u>9</u>	 <u>11</u>	 <u>8</u>
Metzlers [XS] - 9	Metzlers [XS] - 9	GymOlympic [XS] - 11	Metzlers [XS] - 8

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Sunday, December 7, 2025

Session: B10 -- Xcel Silver- #3

Open Warmup 5:30 PM
Timed Warmup 5:50 PM

March In 6:00 PM
Awards 8:00 PM

Gymnasts: 75

Flight: A - 38			
 <u>10</u> GMGA [XS] - 10	 <u>10</u> VGT [XS] - 10	 <u>11</u> GMGA [XS] - 11	 <u>7</u> Majesty Elite [XS] - 7
Flight: B - 37			
 <u>10</u> Olympiad [XS] - 4 Ltd Academy01 [XS] - 6	 <u>9</u> Olympiad [XS] - 9	 <u>10</u> Olympiad [XS] - 10	 <u>8</u> MDNT [XS] - 8

Friday, December 5, 2025

Session: R01 -- Level 9

Open Warmup 8:00 AM
Timed Warmup 8:20 AM

March In 8:30 AM
Awards 11:30 AM

Gymnasts: 50

Flight: A - 25			
 <u>6</u> First State [L9] - 4 Metzlers [L9] - 2	 <u>6</u> Aerials [L9] - 4 Team Lightning01 [L9] - 2	 <u>7</u> Prestige [L9] - 7	 <u>6</u> Kendrick Kippettes [L9] - 2 Ltd Academy01 [L9] - 3 Silver Stars [L9] - 1
Flight: B - 25			
 <u>6</u> Dynamats01 [L9] - 4 Podium [L9] - 2	 <u>6</u> CEG [L9] - 5 Spirit [L9] - 1	 <u>7</u> Apollo [L9] - 7	 <u>6</u> CEG [L9] - 5 Bluewater Gymnastics [L9] - 1

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Friday, December 5, 2025

Session: R02 -- Xcel Dia/Saph

Open Warmup 11:45 AM
Timed Warmup 12:05 PM

March In 12:15 PM
Awards 3:00 PM

Gymnasts: 55

Flight: A - 28



7

AAG [XD] - 3
Haverford Area YMC01 [XD] - 1
Ltd Academy01 [XD] - 3



7

Synergy Gymnastics [XD] - 7



8

Ltd Academy01 [XSA] - 8



6

Olympiad [XD] - 1
Olympiad [XSA] - 1
Mid-Coast Gym [XSA] - 4

Flight: B - 27



6

GymOlympic [XD] - 4
Parkettes [XD] - 1
Parkettes [XSA] - 1



7

CEG [XSA] - 7



8

Kendrick Kippettes [XD] - 6
Kendrick Kippettes [XSA] - 2



6

Energy [XD] - 1
CEG [XD] - 5

Friday, December 5, 2025

Session: R03 -- Xcel Diamond

Open Warmup 3:30 PM
Timed Warmup 3:50 PM

March In 4:00 PM
Awards 6:45 PM

Gymnasts: 59

Flight: A - 29



7

Metzlers [XD] - 7



7

Spirit [XD] - 7



8

Metzlers [XD] - 8



7

UMDGC [XD] - 2
Gym time [XD] - 3
Stick It Gymnastics [XD] - 2

Flight: B - 30



8

KMC Gymnastics [XD] - 4
First State [XD] - 4



7

Phoenix Academy [XD] - 1
Aerials [XD] - 6



8

PHX Gymnastics [XD] - 8



7

MDNT [XD] - 2
Aerials [XD] - 5

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Friday, December 5, 2025

Session: R04 -- Level 5

Open Warmup 7:15 PM
Timed Warmup 7:35 PM

March In 7:45 PM
Awards 9:15 PM

Gymnasts: 47

Flight: A - 24			
 <u>5</u>	 <u>6</u>	 <u>8</u>	 <u>5</u>
Ltd Academy01 [L5] - 5	Willow Grove01 [L5] - 6	Shields [L5] - 8	Synergy Gymnastics [L5] - 5
Flight: B - 23			
 <u>5</u>	 <u>7</u>	 <u>7</u>	 <u>4</u>
Main Line [L5] - 5	Kendrick Kippettes [L5] - 7	First State [L5] - 7	Haverford Area YMC01 [L5] - 3 TWD [L5] - 1

Saturday, December 6, 2025

Session: R05 -- Xcel Gold- #1

Open Warmup 8:30 AM
Timed Warmup 8:50 AM

March In 9:00 AM
Awards 10:45 AM

Gymnasts: 70

Flight: A - 33			
 <u>8</u>	 <u>9</u>	 <u>9</u>	 <u>7</u>
Kendrick Kippettes [XG] - 8	Showtime [XG] - 9	First State [XG] - 5 Ltd Academy01 [XG] - 4	Millers Gymstars [XG] - 6 Majesty Elite [XG] - 1
Flight: B - 37			
 <u>10</u>	 <u>10</u>	 <u>11</u>	 <u>6</u>
Metzlers [XG] - 10	Metzlers [XG] - 10	Metzlers [XG] - 11	GymOlympic [XG] - 6

Saturday, December 6, 2025

Session: R06 -- Xcel Gold- #2

Open Warmup 11:15 AM
Timed Warmup 11:35 AM

March In 11:45 AM
Awards 1:30 PM

Gymnasts: 68

Flight: A - 36			
 <u>11</u>	 <u>7</u>	 <u>11</u>	 <u>7</u>
GMGA [XG] - 7 Aerials [XG] - 4	Olympiad [XG] - 7	Aerials [XG] - 4 GMGA [XG] - 7	Olympiad [XG] - 7
Flight: B - 32			
 <u>7</u>	 <u>8</u>	 <u>10</u>	 <u>7</u>
Mid-Coast Gym [XG] - 7	Gym time [XG] - 8	Spirit [XG] - 10	Energy [XG] - 7

The 2025 Liberty Cup

Rotation Schedule

Dec 5-7, 2025

Saturday, December 6, 2025

Session: R07 -- Xcel Gold- #3

Open Warmup 2:00 PM
Timed Warmup 2:20 PM

March In 2:30 PM
Awards 4:15 PM

Gymnasts: 69

Flight: A - 35

 <u>9</u> UMDGC [XG] - 6 Stick It Gymnastics [XG] - 3	 <u>9</u> KMC Gymnastics [XG] - 6 Phoenix Academy [XG] - 3	 <u>10</u> Parkettes [XG] - 10	 <u>7</u> VGT [XG] - 7
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Flight: B - 34

 <u>8</u> AAG [XG] - 5 MDNT [XG] - 3	 <u>8</u> CEG [XG] - 8	 <u>11</u> Synergy Gymnastics [XG] - 11	 <u>7</u> TWD [XG] - 7
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Saturday, December 6, 2025

Session: R08 -- Level 3- #1

Open Warmup 4:45 PM
Timed Warmup 5:05 PM

March In 5:15 PM
Awards 6:45 PM

Gymnasts: 64

Flight: A - 31

 <u>7</u> Main Line [L3] - 7	 <u>8</u> Olympiad [L3] - 8	 <u>10</u> Kendrick Kippettes [L3] - 6 Stick It Gymnastics [L3] - 4	 <u>6</u> CEG [L3] - 6
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Flight: B - 33

 <u>8</u> Synergy Gymnastics [L3] - 6 AAG [L3] - 2	 <u>8</u> Aerials [L3] - 8	 <u>9</u> Synergy Gymnastics [L3] - 5 TWD [L3] - 4	 <u>8</u> Aerials [L3] - 8
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Saturday, December 6, 2025

Session: R09 -- Level 3- #2

Open Warmup 7:15 PM
Timed Warmup 7:35 PM

March In 7:45 PM
Awards 9:15 PM

Gymnasts: 64

Flight: A - 34

 <u>9</u> First State [L3] - 9	 <u>9</u> First State [L3] - 9	 <u>10</u> EnVision [L3] - 5 First State [L3] - 5	 <u>6</u> Showtime [L3] - 6
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Flight: B - 30

 <u>7</u> Energy [L3] - 7	 <u>7</u> Ltd Academy01 [L3] - 7	 <u>9</u> UMDGC [L3] - 9	 <u>7</u> Ltd Academy01 [L3] - 7
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The 2025 Liberty Cup

Rotation Schedule

Dec 5-7, 2025

Sunday, December 7, 2025

Session: R10 -- Xcel Bronze- #1

Open Warmup 8:00 AM
Timed Warmup 8:20 AM

March In 8:30 AM
Awards 10:00 AM

Gymnasts: 64

Flight: A - 31			
 Aerials [XB] - 7	 Metzlers [XB] - 7	 GymOlympic [XB] - 10	 Metzlers [XB] - 7
Flight: B - 33			
 AAG [XB] - 7	 First State [XB] - 6 MDNT [XB] - 3	 Spirit [XB] - 10	 First State [XB] - 7

Sunday, December 7, 2025

Session: R11 -- Xcel Bronze- #2

Open Warmup 10:30 AM
Timed Warmup 10:50 AM

March In 11:00 AM
Awards 12:30 PM

Gymnasts: 59

Flight: A - 29			
 Olympiad [XB] - 5	 KMC Gymnastics [XB] - 8	 Gym time [XB] - 10	 Ltd Academy01 [XB] - 6
Flight: B - 30			
 Phoenix Academy [XB] - 8	 GMGA [XB] - 7	 Phoenix Academy [XB] - 9	 GMGA [XB] - 6

Sunday, December 7, 2025

Session: R12 -- Level 4- #1

Open Warmup 1:00 PM
Timed Warmup 1:20 PM

March In 1:30 PM
Awards 3:30 PM

Gymnasts: 77

Flight: A - 39			
 TWD [L4] - 5 Power & Grace Gym [L4] - 6	 First State [L4] - 9	 UMDGC [L4] - 11	 First State [L4] - 8
Flight: B - 38			
 CEG [L4] - 10	 Showtime [L4] - 9	 CEG [L4] - 8 MDNT [L4] - 3	 Kendrick Kippettes [L4] - 8

The 2025 Liberty Cup

Rotation Schedule

Dec 5-7, 2025

Sunday, December 7, 2025

Session: R13 -- Level 4-# 2

Open Warmup 4:00 PM
Timed Warmup 4:20 PM

March In 4:30 PM
Awards 6:30 PM

Gymnasts: 76

		Flight: A - 39	
	<u>9</u>		<u>9</u>
Synergy Gymnastics [L4] - 9		Olympiad [L4] - 9	
		Flight: B - 37	
	<u>9</u>		<u>10</u>
Shields [L4] - 6		Ltd Academy01 [L4] - 5	
Stick It Gymnastics [L4] - 3		EnVision [L4] - 5	
			<u>10</u>
		Aerials [L4] - 10	
			<u>8</u>
		GymOlympic [L4] - 8	