2026 Liberty Cup

Rotation Schedule

Dec 4-6, 2026

Friday, December 4, 2026

Session: B01 -- Level 7

Open Warmup 9:30 AM
March In 9:50 AM
Timed Warmup 10:00 AM
Awards 1:00 PM

Gymnasts: 71

Flight: A - 36

 9
Kendrick Kippettes [L7] - 4
Dynamats [L7] - 4
Athletic Edge Sports [L7] - 1

 9
CEG [L7] - 6
Thunder Cats [L7] - 3

 10
Apollo [L7] - 3
The St. James [L7] - 7

 8
CEG [L7] - 5
Team Lightning [L7] - 3

Flight: B - 35

 9
Haverford YMCA [L7] - 3
Main Line [L7] - 6

 9
Aerials [L7] - 7
Spirit [L7] - 2

 9
Energy [L7] - 2
GSG [L7] - 7

 8
DE Dynamix [L7] - 1
Stallone Gymnastics [L7] - 4
Olympiad [L7] - 3

Friday, December 4, 2026

Session: B02 -- Level 8

Open Warmup 1:15 PM
March In 1:35 PM
Timed Warmup 1:45 PM
Awards 4:45 PM

Gymnasts: 59

Flight: A - 30

 7
Aerials [L8] - 1
GSG [L8] - 6

 8
Olympiad [L8] - 2
Spirit [L8] - 6

 8
GSG [L8] - 6
Team Lightning [L8] - 2

 7
Haverford YMCA [L8] - 3
Willow Grove YMCA [L8] - 4

Flight: B - 29

 7
Apollo [L8] - 6
Dynamats [L8] - 1

 8
ACG [L8] - 2
Bearfoot Gymnastics [L8] - 4
Energy [L8] - 2

 8
Stallone Gymnastics [L8] - 5
The St. James [L8] - 2
Kendrick Kippettes [L8] - 1

 6
CEG [L8] - 6

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2026 Liberty Cup

Rotation Schedule

Dec 4-6, 2026

Friday, December 4, 2026

Session: B03 -- Level 9

Open Warmup 5:00 PM
March In 5:20 PM
Timed Warmup 5:30 PM
Awards 8:30 PM

Gymnasts: 51

Flight: A - 26

 7

Stallone Gymnastics [L9] - 7

 6

Apollo [L9] - 3
Main Line [L9] - 1
Team Lightning [L9] - 1
The St. James [L9] - 1

 8

Stallone Gymnastics [L9] - 8

 5

CEG [L9] - 5

Flight: B - 25

 6

Willow Grove YMCA [L9] - 6

 6

Athletic Edge Sports [L9] - 4
Mid-Coast Gym [L9] - 1
Spirit [L9] - 1

 7

GSG [L9] - 7

 6

Aerials [L9] - 3
Dynamats [L9] - 2
Kendrick Kippettes [L9] - 1

Saturday, December 5, 2026

Session: B04 -- Level 6

Open Warmup 9:30 AM
March In 9:50 AM
Timed Warmup 10:00 AM
Awards 1:00 PM

Gymnasts: 71

Flight: A - 36

 9

GSG [L6] - 6
Haverford YMCA [L6] - 1
The St. James [L6] - 2

 8

Main Line [L6] - 4
UMDGC [L6] - 4

 10

ACG [L6] - 3
Energy [L6] - 2
Olympiad [L6] - 5

 9

Bearfoot Gymnastics [L6] - 4
Team Lightning [L6] - 5

Flight: B - 35

 9

CEG [L6] - 3
Kendrick Kippettes [L6] - 6

 8

Aerials [L6] - 8

 9

Athletic Edge Sports [L6] - 4
Dynamats [L6] - 5

 9

INF [L6] - 4
Stallone Gymnastics [L6] - 1
Thunder Cats [L6] - 4

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2026 Liberty Cup

Rotation Schedule

Dec 4-6, 2026

Saturday, December 5, 2026

Session: B05 -- Level 10 XD XSa

Open Warmup 1:20 PM | Timed Warmup 1:50 PM
March In 1:40 PM | Awards 4:50 PM

Gymnasts: 60

Flight: A - 35

9	8	10	8
Metzlers [XSA] - 4	AGA [XD] - 5	CEG [L10] - 10	Spirit [XD] - 5
GymOlympic [L10] - 1	AGA [XSA] - 1		Millers Gymstars [XD] - 3
GymOlympic [XD] - 4	ACG [L10] - 1		
	Olympiad [L10] - 1		

Flight: B - 25

9	8	8	0
Team Lightning [XD] - 5	Mid-Coast Gym [XSA] - 4	Stallone Gymnastics [L10] - 3	
Apollo [L10] - 4	Willow Grove YMCA [L10] - 4	UMDGC [XD] - 5	

Saturday, December 5, 2026

Session: B06 -- Xcel Diamond

Open Warmup 5:10 PM | Timed Warmup 5:40 PM
March In 5:30 PM | Awards 8:55 PM

Gymnasts: 54

Flight: A - 28

7	7	8	6
Kendrick Kippettes [XD] - 6	Metzlers [XD] - 5	PHX Gymnastics [XD] - 8	Metzlers [XD] - 5
Energy [XD] - 1	INF [XD] - 2		Showtime Gymnastics [XD] - 1

Flight: B - 26

7	6	7	6
Aerials [XD] - 6	KMC Gymnastics [XD] - 5	CEG [XD] - 7	KMC Gymnastics [XD] - 5
Mid-Coast Gym [XD] - 1	Thunder Cats [XD] - 1		Haverford YMCA [XD] - 1

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2026 Liberty Cup

Rotation Schedule

Dec 4-6, 2026

Sunday, December 6, 2026

Session: B07 -- Xcel Platinum #1

Open Warmup 9:30 AM | Timed Warmup 10:00 AM
March In 9:50 AM | Awards 1:00 PM

Gymnasts: 78

Flight: A - 40

10	9	12	9
Olympiad [XP] - 5	Haverford YMCA [XP] - 6	Spirit [XP] - 12	Dynamats [XP] - 6
CEG [XP] - 5	Thunder Cats [XP] - 3		AGA [XP] - 3

Flight: B - 38

10	8	10	10
Kendrick Kippettes [XP] - 10	Stallone Gymnastics [XP] - 8	Kendrick Kippettes [XP] - 10	Parkettes [XP] - 5
			Bearfoot Gymnastics [XP] - 5

Sunday, December 6, 2026

Session: B08 -- Xcel Platinum #2

Open Warmup 1:20 PM | Timed Warmup 1:50 PM
March In 1:40 PM | Awards 5:05 PM

Gymnasts: 77

Flight: A - 38

10	10	10	8
Energy [XP] - 6	UMDGC [XP] - 7	PHX Gymnastics [XP] - 10	Showtime Gymnastics [XP] - 5
Aerials [XP] - 4	Mid-Coast Gym [XP] - 3		KMC Gymnastics [XP] - 2
			Athletic Edge Sports [XP] - 1

Flight: B - 39

10	10	11	8
Millers Gymstars [XP] - 5	Metzlers [XP] - 8	Team Lightning [XP] - 11	Metzlers [XP] - 7
GymOlympic [XP] - 5	DE Dynamix [XP] - 2		INF [XP] - 1

Friday, December 4, 2026

Session: R01 -- Xcel Gold #1

Open Warmup 9:00 AM | Timed Warmup 9:30 AM
March In 9:20 AM | Awards 12:00 PM

Gymnasts: 73

Flight: A - 37

9	10	11	7
INF [XG] - 5	KMC Gymnastics [XG] - 10	Parkettes [XG] - 11	VARE [XG] - 7
Millers Gymstars [XG] - 4			

Flight: B - 36

11	6	12	7
Metzlers [XG] - 11	Bearfoot Gymnastics [XG] - 6	Metzlers [XG] - 12	Bearfoot Gymnastics [XG] - 7

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2026 Liberty Cup

Rotation Schedule

Dec 4-6, 2026

Friday, December 4, 2026

Session: R02 -- Xcel Gold # 2

Open Warmup 12:15 PM | Timed Warmup 12:45 PM
March In 12:35 PM | Awards 3:15 PM

Gymnasts: 72

Flight: A - 38

8	9	11	10
Mid-Coast Gym [XG] - 8	Athletic Edge Sports [XG] - 3 Olympiad [XG] - 6	Dynamats [XG] - 11	Olympiad [XG] - 7 Thunder Cats [XG] - 3

Flight: B - 34

8	8	10	8
Aerials [XG] - 8	Kendrick Kippettes [XG] - 8	Energy [XG] - 5 Stallone Gymnastics [XG] - 5	Kendrick Kippettes [XG] - 8

Friday, December 4, 2026

Session: R03 -- Xcel Gold # 3

Open Warmup 3:30 PM | Timed Warmup 4:00 PM
March In 3:50 PM | Awards 6:30 PM

Gymnasts: 70

Flight: A - 36

7	8	12	9
UMDGC [XG] - 7	Team Lightning [XG] - 7 CEG [XG] - 1	Spirit [XG] - 12	AGA [XG] - 9

Flight: B - 34

9	8	10	7
GymOlympic [XG] - 9	Showtime Gymnastics [XG] - 8	GymOlympic [XG] - 5 DE Dynamix [XG] - 5	Showtime Gymnastics [XG] - 7

Friday, December 4, 2026

Session: R04 -- Level 5

Open Warmup 6:45 PM | Timed Warmup 7:15 PM
March In 7:05 PM | Awards 9:00 PM

Gymnasts: 47

Flight: A - 24

6	6	8	4
Kendrick Kippettes [L5] - 3 Champions United [L5] - 3	Thunder Cats [L5] - 2 Showtime Gymnastics [L5] - 4	Main Line [L5] - 8	Showtime Gymnastics [L5] - 4

Flight: B - 23

5	7	6	5
Willow Grove YMCA [L5] - 5	Stallone Gymnastics [L5] - 7	Willow Grove YMCA [L5] - 6	Athletic Edge Sports [L5] - 4 UMDGC [L5] - 1

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2026 Liberty Cup

Rotation Schedule

Dec 4-6, 2026

Saturday, December 5, 2026

Session: R05 -- Level 2 & 3 #1

Open Warmup 9:00 AM | Timed Warmup 9:30 AM
March In 9:20 AM | Awards 11:30 AM

Gymnasts: 71

Flight: A - 37

9	10	11	7
Energy [L3] - 9	Athletic Edge Sports [L3] - 10	CEG [L3] - 11	UMDGC [L3] - 7

Flight: B - 34

9	7	10	8
Bearfoot Gymnastics [L2] - 9	Thunder Cats [L3] - 3 Olympiad [L3] - 4	DE Dynamix [L2] - 2 GymOlympic [L3] - 8	Main Line [L2] - 8

Saturday, December 5, 2026

Session: R06 -- Level 2 & 3 #2

Open Warmup 11:50 AM | Timed Warmup 12:20 PM
March In 12:10 PM | Awards 2:20 PM

Gymnasts: 71

Flight: A - 36

9	8	9	10
Stallone Gymnastics [L3] - 9	DE Dynamix [L3] - 8	Stallone Gymnastics [L3] - 9	Main Line [L3] - 10

Flight: B - 35

9	9	8	9
Athletic Edge Sports [L2] - 5 Thunder Cats [L2] - 4	Bearfoot Gymnastics [L3] - 9	Showtime Gymnastics [L3] - 8	Olympiad [L2] - 6 Aerials [L3] - 3

Saturday, December 5, 2026

Session: R07 -- Xcel Bronze

Open Warmup 2:40 PM | Timed Warmup 3:10 PM
March In 3:00 PM | Awards 4:55 PM

Gymnasts: 79

Flight: A - 39

11	8	11	9
Thunder Cats [XB] - 6 Olympiad [XB] - 5	Metzlers [XB] - 8	GymOlympic [XB] - 11	Metzlers [XB] - 7 Athletic Edge Sports [XB] - 2

Flight: B - 40

11	9	11	9
Spirit [XB] - 7 KMC Gymnastics [XB] - 4	Mid-Coast Gym [XB] - 7 AGA [XB] - 2	ACG [XB] - 11	Mid-Coast Gym [XB] - 7 Aerials [XB] - 2

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2026 Liberty Cup

Rotation Schedule

Dec 4-6, 2026

Saturday, December 5, 2026

Session: R08 -- Level 4

Open Warmup 5:15 PM | Timed Warmup 5:45 PM
March In 5:35 PM | Awards 8:15 PM

Gymnasts: 92

Flight: A - 47

11	12	13	11
Aerials [L4] - 11	Kendrick Kippettes [L4] - 6	Olympiad [L4] - 7	Thunder Cats [L4] - 11
	Haverford YMCA [L4] - 6	INF [L4] - 6	

Flight: B - 45

10	12	11	12
UMDGC [L4] - 8	CEG [L4] - 12	Stallone Gymnastics [L4] - 11	CEG [L4] - 4
Athletic Edge Sports [L4] - 2			Main Line [L4] - 8

Sunday, December 6, 2026

Session: R09 -- Xcel Silver # 1

Open Warmup 9:00 AM | Timed Warmup 9:30 AM
March In 9:20 AM | Awards 12:00 PM

Gymnasts: 73

Flight: A - 37

7	10	12	8
Thunder Cats [XS] - 7	GymOlympic [XS] - 10	Parallax Gymnastics [XS] - 6	Energy [XS] - 8
		Thunder Cats [XS] - 6	

Flight: B - 36

8	8	12	8
Metzlers [XS] - 8	Metzlers [XS] - 8	Olympiad [XS] - 12	AGA [XS] - 4
			Metzlers [XS] - 4

Sunday, December 6, 2026

Session: R10 -- Xcel Silver # 2

Open Warmup 12:20 PM | Timed Warmup 12:50 PM
March In 12:40 PM | Awards 3:20 PM

Gymnasts: 76

Flight: A - 39

8	9	13	9
DE Dynamix [XS] - 8	VARE [XS] - 9	ACG [XS] - 13	VARE [XS] - 9

Flight: B - 37

10	8	11	8
KMC Gymnastics [XS] - 7	Athletic Edge Sports [XS] - 2	Spirit [XS] - 11	Mid-Coast Gym [XS] - 8
Aerials [XS] - 3	Mid-Coast Gym [XS] - 6		

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